

## Principal Team Column

**“AIM HIGH”**

**Issue 22  
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#### Principal Class Team

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#### Term Dates for 2008

14<sup>th</sup> July – 19<sup>th</sup> September  
5<sup>th</sup> October – 19<sup>th</sup> December  
**Dates to remember:**  
Senior Camp – 30<sup>th</sup> July  
Middle Camp – 18<sup>th</sup> August  
Curriculum Day – 1<sup>st</sup> September  
School Concert 11<sup>th</sup> September  
End of Term 3 – 19<sup>th</sup> Sept

#### Course at Harvard University USA:

For the past two weeks I (Jane Warren) have been participating in a summer school course at Harvard University. The course is called ‘Leadership, An Evolving Vision’, with 168 principals from across the world participating. I was fortunate to be one of 12 principals from Victoria attending. Each day we had two first class lecturers from across the different faculties at Harvard, including education, business and marketing. The focus was on addressing diversity in schools by ensuring inclusion and creating schools that develop a sense of belonging. The differences in school systems were very evident, many with a major emphasis on performance testing. It certainly made me realise how lucky we are in Victoria to have such a strong education system and what a wonderful school Bellaire is!

#### RUG UP READY FOR THE COLD:

Because of the cold weather we are asking parents to ensure that all students bring at least a jumper to school. We are also encouraging students to bring coats (named) and other winter clothing items to wear in the playground and at assembly.

#### The NED Show this Friday:

The NED Show is a character education activity that is presented to students across the world. The message is about **Never** give up, **Encourage** others and **Do** your best (NED). The program is an American organisation aimed at building resilience and persistence. There is no charge to attend but the organisation requires us to sell yo yo’s as a means of recouping some costs. *There is no requirement for students to purchase, it is optional.* The order form will be included in this newsletter. A yo yo zone in the playground has been organised for students who may wish to play with their yo yos at school. This is an extra curricular activity that will take place on Friday afternoon prior to assembly. All students will participate as a whole school activity and assembly will take place at 3:00 pm as usual. Parents wishing to attend assembly should arrive at the regular time.

#### ROAD SAFETY

Many families would have seen the program last week where a Geelong motorist was angry because the Crossing Supervisor was taking the registration of any cars that were parked illegally. This has been common practice at the crossings around Bellaire PS because student safety, not revenue raising, is the main concern. The Council would make no money from traffic infringements if everyone parked legally and safely.

This week Traffic Officers have been at the crossings around Bellaire observing, photographing cars and taking registrations of any cars parked illegally. We understand that where the school is situated makes parking at the front of the school difficult. But the Crossing Supervisor needs to have a clear view of the crossing to make sure that students can cross the road safely. If you park or ‘prop’ anywhere within the crossing zone, you are taking the risk of receiving a \$120 fine. Our Junior School Council is currently working on a campaign to remind parents (and grandparents who only collect students occasionally) about the importance of obeying parking regulations to ensure the safety of all students.

<b>STUDENT OF THE WEEK</b>		
		<b>AWARDED FOR:</b>
PREP B	Zakiah	For her great effort at writing on dotted thirds and being a wonderful help in the classroom.
PREP C	Ebony	For working hard to achieve her new learning goal in writing. Well done, Ebony!
PREP F	Dominic	For being confident when using dotted thirds in writing. Well done, Dominic!
PREP S	Sophie	For her fantastic start to Term 3. Keep up the great work, Sophie!
JUNIOR L	Keely-Shay	For her enthusiastic approach to her learning and such a great start to Term 3.
JUNIOR B	Taylah	For reading fluently and using expression.
JUNIOR S	Abbey	For wonderful work in maths, skip counting and her holiday recount!
JUNIOR J	Holly	For always trying her best in everything she does.
JUNIOR W	Caleb	For starting the term really well and working very hard.
JUNIOR H	Phoebe	For showing James lots of things in our class.
JUNIOR G	Georgia	For a great start to the new term and for always working well.
JUNIOR M	Molly	For the effort she made to plan, draft, revise and edit her holiday recount.
MIDDLE B	Georgia	For having a great start to Term 3.
MIDDLE C	Meaghan	For being organised to start Term 3. Well done, Meaghan. Keep up the good work!
MIDDLE V	Jaxon	For a positive start to Term 3 and for showing improved organisation!
MIDDLE A	Darcy	For his great effort in all class work this week.
MIDDLE K	Chloe	For excellent work in maths and working on challenging patterns.
MIDDLE L	Jack	For working hard in maths to find patterns when skip counting.
SENIOR H	Thomas	For a fantastic parent conference.
SENIOR K	Holly	For making a confident and hard-working start to Term 3. Keep it up, Holly!
SENIOR B	Mitch	For a super start back in Term 3! Organised and confident! Well done!
SENIOR C	Annalise	For trying something new at sport.
SENIOR M	Bethany	For always trying her best.

## UNIFORM SHOP

The Uniform Shop is opened every Monday morning 8.45-9.15am and every Friday afternoon from 3.15 – 3.45pm. Please note that the Uniform Shop will be closed on Friday 1<sup>st</sup> August.

## GOOD LUCK

James has left to take part in a baseball competition in Japan. James will be competing against teams from around the world for 2 weeks. He will be staying with 2 different Japanese families and also have the opportunity to visit some tourist spots. We are looking forward to hearing about this once in a lifetime experience.

## COMMUNITY CHOIR

We are looking for children to join  
**ELIJAH VETMA**

and become members of the  
"Together We Can Stop It" CHOIR  
aimed at curbing bullying.

No Auditions.....No experience  
....just come along and make a  
difference!

Mondays 4-5pm Ukraine Hall  
57 Pakington St Geelong West  
Rehearsals begin July 28th for a  
public performance at the end of  
August Your child will be supplied  
with a t-shirt and cap for the  
performance

To join contact organiser Deb  
Podbury on 0432 544 079 or  
[debpodbury@bigpond.com](mailto:debpodbury@bigpond.com)

## “JUNIOR GAFFA”

GROVEDALEARTSFESTIVAL  
RALL

Grovedale College Gymnasium  
\$2.00 per person

TUESDAY 12TH August 7.00 pm.  
Art exhibition (Drama room) door  
opens at 6.00pm and GYM door  
opens at 6.30pm

The Prep Unit and the ‘Miles Per  
Hour’ band are performing on the  
night. There will also be an  
animation piece shown from the  
Seniors and Ruth Hayes has put in  
some artwork by various students.

## EDUCATION MAINTENANCE ALLOWANCE

The 2<sup>nd</sup> instalment of the EMA is  
now open for applications – if  
you have a valid health card and  
you have not applied for the 1<sup>st</sup>  
instalment, please collect an  
application form from the office.  
If you applied for the 1<sup>st</sup>  
instalment and qualified, you do  
not need to reapply for the 2<sup>nd</sup>  
instalment. Closing date for the  
2<sup>nd</sup> instalment is 1st August  
2008. (Your health card must be  
valid as of the 14<sup>th</sup> July 2008)

## FATHER OF THE YEAR AWARD

Bethany Family Support, The  
Geelong Advertiser and Rotary  
Club of Geelong are inviting  
children to submit in 120 words  
or less why they think their  
father, or father figure, deserves  
to be Geelong’s Father of the  
Year in 2008. Sponsored by the  
Bendigo Bank, the Award  
celebrates fatherhood through  
children’s eyes, acknowledges  
the important role men play in  
families and raises awareness of  
Bethany’s Men and Family  
Relationships program. Entry  
Forms are available at the school  
office.

## ORAL LANGUAGE PARENT INFORMATION SESSIONS

Would you like to find out more  
about assisting your child with  
oral language? Katie McArthur  
(Speech Therapist) is offering  
practical information sessions  
about assisting children with oral  
language at home and in the  
classroom. Sessions will begin  
on Monday 4<sup>th</sup> August at 2.30 –  
3.30. If you would like to attend  
please return the slip below to  
the office or Jo Barry.

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I would like to attend the Oral  
Language session on Monday 4<sup>th</sup>  
August  
NAME \_\_\_\_\_

CHILD’S GRADE \_\_\_\_\_

## READING CHALLENGE

Congratulations to those who are  
persisting with the Reading  
Challenge. **REMEMBER** that the  
Challenge finishes on **August 31<sup>st</sup>** –  
all books need to be on the website  
before this date so that they can be  
verified. That means there are only  
about **5 weeks to go! Keep reading!**

## ASG INSPIRATION TEACHERS AWARDS 2008

Parents can nominate a teacher of  
their choice for these awards. If you  
think your child’s teacher is  
exemplary in engaging community,  
developing resilience and/ or  
innovative, consider filling in a  
nomination form.

The prize is a trophy and a \$5,000  
grant for professional learning. It is  
also a great way to show them how  
much you appreciate their hard  
work. Applications are available  
from the front office and close on  
the 31st July.

## TENNIS COACHING -

With Tony Brushfield will re-  
commence the week starting July  
28<sup>th</sup>. Telephone enquiries to  
52440040 or 0408524898

## STUDENT ART

Make time to visit the exhibition of  
student portraits “Who’s Who” at  
the Geelong Art Gallery until 10<sup>th</sup>  
August.

## GEELONG FOOD RELIEF CENTRE

Every year the Geelong Food Relief Centre (Foodbank) provides more than eight thousand families in the Geelong region with emergency food supplies. This means that more than 24000 adults and children use our service.

The Geelong Food Relief is a not-for-profit charitable co-operative of welfare agencies throughout Geelong, the Bellarine Peninsula, South Coast and Winchelsea.

Bellaire PS supports the Toucan Winter Appeal each year and a box will be in the foyer for your donations of non perishable food items i.e.tins of food from August 1<sup>st</sup> – August 31<sup>st</sup>.. If every family donated one tin that would be fantastic.

## CHILDREN AND SLEEP.....

Wouldn't it be nice if your child happily went off to bed at seven and was not seen again until eight the next morning? Unfortunately, bed time problems are often a common complaint among parents. Some children just don't like going to bed. They don't settle easily, getting up because they are thirsty, need to go to the toilet, have a sore tummy or want a story

Many children wake during the night and then are hard to settle again. Some end up in their parents' bed, sleeping soundly for the rest of the night. Not everyone gets a good night's sleep this way. What's normal, what's not?

On average, infants sleep about 17 hours but there is a very wide variation. Toddlers sleep about 12 hours a night, usually as well as a daytime sleep or two. Pre schoolers sleep about 10 hours and outgrow their daytime sleep by between four and five years of age. However, like most things, how much sleep a child needs varies from individual to individual. It is more common than not that babies and young children wake during the night. Babies from six months of age are capable of sleeping through the night because they can last that long between feeds. However, many infants and young children wake in the lighter periods of sleep during the night and haven't yet learned how to go back to sleep.

Children under 4 years of age can be distressed by being separated from their parents at night, and so if they wake, it is difficult for them to settle without you. If a child is worried about something or pick up on parent's stress or family changes, this can keep them awake at night.

Sometimes children who have always been rocked or nursed to sleep find it hard to settle back to sleep when they are alone in their own beds.

Some tips to help reduce bed-time problems:



- Have a relaxing bed time routine, including a story and a cuddle
- Keep bedtime activities calm and quiet
- Comfort a child who is worried or afraid about being separated by lying down near them for a time
- Children may be comforted by a soft toy, a dummy or a special blanket
- Don't play with your child during the night. Night time is for sleeping. Be there if they need reassurance, but only to help them settle back to sleep
- Some children settle more easily with a night light, playing soft music and leaving the door ajar
- If your child cannot settle unless you are with them, try leaving them for a few minutes and telling them you are coming back. Make sure you do come back, this builds trust
- Sometimes taking a toddler into your bed may be the only way to settle them. Try getting them back into their own bed as soon as practicable.

Take heart, by the time your children are teenagers, you will have trouble getting them out of bed, not into bed!